

LTYA Lil'Lettes Program 2023 Information and FAQ's

The LTYA Lil' Lettes program offers every child in kindergarten through the 6th grade the opportunity to participate regardless of ability, disability, skill level, talent, or financial need.

Lil'Lettes will perform on Saturday mornings at NFL Fall Flag Football games. Games will be played at an LTISD Stadium.

Lil' Lettes is a coed program.

UNIFORM: Uniform for Lil' Lettes - halter, skirt, bow, poms, and boots. The Lil'Lettes uniform will be purchased through Varsity when you attend a fitting. A backpack with LT and name on front is optional. Bow and poms are purchased during the registration process. We have a new Bow for the 2024 season and it's a required part of the uniform. Bows will be distributed at LTYA Lil'Lettes Camp in August.

BOOTS: Lil'Lettes boots are required. Boots can be purchased directly from [Happy Feet](#) Click on the Star-Flexor Full Sole Boot. If you're not sure what size to order, will have sample sizes at our uniform fittings. They do run about 2 sizes smaller than regular tennis shoes.

FITTINGS: Location: High Five 1502 RR 620 South Lakeway, TX 78734

Saturday, March 30th Noon-3:00 pm

Sunday, April 21st Noon-3:00pm

Wednesday, May 15th 4:30-6:00pm

CAMP Lil'Lettes camp will be in August. Location and date TBD **PRACTICES:** Will be held once a week during the season. Location, date, and times TBD.

GENERAL FAQ'S Q: How long is the season? What is the commitment level?

A: The Fall Football season is typically 8 weeks. Games begin in September and continue until end of October or early November with a playoff tournament. Game times are one hour in length each Saturday during the season. Game schedules will be published once we receive the football schedules in August and will be added to the website at that time.

Q: Will we have to travel to the away games? A: No, we will be performing at home NFL Flag games only.

Q: What are the game dates? A: All game dates will be announced once we receive the Fall NFL Flag Football schedule in August. We will update accordingly. Game days are on Saturdays.

Q: What if my child has never danced before? A: LTYA Lil' Lettes is a recreational program. We are introducing Lil' Lettes at this age. All skill levels and abilities are welcome to participate.

Q: Can my child participate in both Cheer and Dance programs? A: No, one program per participant. We found it was difficult for the participants to commit and perform for both Cheer and Lil'Lettes programs.

Q: Will my child need to order a uniform?

A: The Lil'Lettes uniform is the same as last year. If you already have the uniform, you do not need to purchase a new one. If you are new to the program, you will need to purchase a uniform. If you have a uniform but need to purchase another size, please attend one of our fittings.

Q: When is the final date to order uniforms?

A: ALL orders MUST be placed no later than June 3rd. Very important to order early!

Q: Can my child dance on the same squad as her friend or sibling? Do you honor squad requests?

A: Lil Lettes is considered one large "squad". Should we have multiple squads, we will make every attempt to honor placement requests but cannot guarantee squad placement. When registering, please note any special requests. The squad placements are first determined by grade/school, the number of girls participating and the number of coaches available to lead the squads.

Q: How can I volunteer?

A: LTYA is always looking for great volunteers! You can volunteer your time as a head coach, assistant coach, team mom or volunteer at events throughout the year. If you are interested, you can sign up when you register your child. Also, please go to www.ltya.org for volunteer requirements which can be found on the "Volunteer" tab. For any volunteer questions and assistance, you can call the LTYA office at (512) 261-1900.

Q: How many days/hours are practices during the season? A: Beginning in late August/early September, there will be 1 practice per week during the season. Practice is not mandatory but is recommended. Should you miss a practice, you may still attend and participate in the game.

Q: What should my child bring to practice?

A: Please make sure your child comes dressed in athletic wear, hair pulled up, tennis shoes (no sandals, flip flops, etc.), no jewelry and plenty of water. Parents are welcome to attend practices.

Q: Are there other activities that we are required to attend outside practice and games?

A: We have exciting opportunities throughout the season! These include LTYA Night at one of the LTHS Football Game, LTHS Homecoming Parade, End of Season Awards/Performances.

Q: Is there a year end performance?

A: Yes, at the end of the season we have a performance where awards will be distributed. Each squad will perform for parents, family, and friends. We love to have the chance to let our girls showcase all their skills and talents that they have learned throughout the season

OTHER: We have been honored to have the help of the LTHS Cavalettes, Red Rubies and LTHS Varsity and JV Cheer Teams! They participate and assist weekly during our Saturday Football Games. It is a wonderful volunteer opportunity for those students and an amazing mentor relationship for the younger girls.

If you wish to learn more about LTYA Lil'Lettes or want to volunteer, please contact the Lil' Lettes Director/President Michelle Powers at mpowers0614@gmail.com or (512) 573-0639. You may also contact Corina Jurovich at the LTYA office, (512) 261-1900.